

## Alban Hefin Incense

The Summer Solstice is the time of maximum light - when the countryside around us revels in colourful and fragrant splendour. This time is known in the Druid tradition as that of Alban Hefin - 'The Light of Summer' or 'The Light of the Shore'.

At Alban Hefin the spiral of the year has expanded to its widest point and now the hours of light are as long as they will ever be. To many Druids it is the turning seasons and the cycle of life, death and rebirth which are significant

This incense has been carefully blended with 9 Herbs, 9 Essential Oils, and 3 Wood Powders that are sacred or significant to the time of Alban Hefin.

---

### Ingredients:

The following 9 Herbs and Resins were used in this incense formula:

Chamomile Flowers, Elderflower, Lavender Flowers, Meadowsweet, Mugwort, Pine Resin, Rose Petals, St. John's Wort, Vervain.

The following 9 Essential Oils were used in this incense formula:

Chamomile, Cypress, Fennel, Honeysuckle, Lavender, Sweet Marjoram, Mugwort, St. John's Wort CO2 Extract, Yarrow.

The following 3 Wood Powders were used in this incense formula:

Agarwood, Sandalwood, Makko

[www.druidalchemy.co.uk.au](http://www.druidalchemy.co.uk.au)

